

# **This Heart of Worship**

**Genesis 4:1-16**

# I. The first family

- No one to talk to about giving birth.
- No hospital or doctor
- Heredity vs. environment
  - No ancestors, same environment

# The names of their sons:

- Cain- Acquired
- Abel- Breath or vanity, fleeting
- Seth- the appointed one or substitute

# I. The first family

Adam and Eve saw the blessings of the garden, but also had to watch as the sin they brought into the world spread throughout it.

## II. The offerings of their worship

Why was Cain's offering rejected while Abel's offering was accepted?

Was it because Cain's offering was made of fruits and vegetables?

## II. The offerings of their worship

One thing is clear, Cain's heart was the issue.

The rebellion in his heart is evidenced by his anger at the rejection of his offering.

By faith Abel offered to God a better sacrifice than Cain, through which he obtained the testimony that he was righteous, God testifying about his gifts, and through faith, though he is dead, he still speaks. (Hebrews 11:4)

## II. The offerings of their worship

- It all comes back to our heart of worship.

"But an hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for such people the Father seeks to be His worshipers. "God is spirit, and those who worship Him must worship in spirit and truth."

(John 4:23-24)

## II. The offerings of their worship

- Cain was only going through the motions of presenting an offering to God.

Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

(Romans 12:1-2)

### III. Sin is crouching at the door.

A. Our sinful acts start with an opening in our hearts.

1. When we don't make God's Word the mainstay in our lives, we open our lives to temptation and sin.

If it is disagreeable in your sight to serve the LORD, choose for yourselves today whom you will serve: whether the gods which your fathers served which were beyond the River, or the gods of the Amorites in whose land you are living; but as for me and my house, we will serve the LORD."

Joshua 24:15

### III. Sin is crouching at the door.

2. When we allow anger, jealousy, pride, and other sinful attitudes into our lives, we open ourselves up to sin.

III. Sin is crouching at the door.

B. It's desire is for you.

1. Satan desires to destroy  
you.

Be of sober *spirit*, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour.

(1 Peter 5:8)

### III. Sin is crouching at the door.

2. Sin through our sin nature desires to have control over you.

knowing this, that our old self  
was crucified with *Him*, in  
order that our body of sin  
might be done away with, so  
that we would no longer be  
slaves to sin;

(Romans 6:6)